

Lawrence Fisher



Lawrence Fisher has been a professor in the Department of Family & Community Medicine at the University of California, San Francisco for over 25 years, and he is the Director of the Behavioral Diabetes Research Group at UCSF. He completed his doctorate in clinical psychology at the University of Cincinnati and was a Post-Doctoral Fellow at the University of Colorado School of Medicine. He has a Diplomate in Clinical Psychology through the American Board of Professional Psychology and is a former Associate editor of Diabetes Care. He has conducted both cross-sectional and longitudinal NIH- and ADA-supported clinical research with patients with diabetes and their families. His recent work focuses on diabetes distress and depression, disease management, adherence, and how patients and families struggle over time to manage chronic health conditions. He was the PI on a recently completed NIH-supported RCT to test different interventions to reduce diabetes distress among type 2 adults, and he is currently the PI of an NIH-supported RCT to reduce distress among type 1 adults. He has also focused on telephone and web-based interactive behavioral interventions for patients with chronic disease, and with interventions that help primary care clinicians re-configure the way clinical care is delivered for patients with chronic disease. He has won two major UCSF School of Medicine teaching awards, was nominated for the UCSF Postdoctoral Scholars Association Outstanding Mentorship Award, and has received a certificate from the American Psychological Association in “Recognition for Substantial Contributions to the Field of Family Psychology and Health.” In 2012 he received a lifetime contributions award from the American Diabetes Association. He maintains an active clinical practice, has published over 170 peer-reviewed articles on diabetes and related topics, and frequently speaks to both professional and lay groups at local, national and international meetings and workshops.